

## What Cards Have I Been Dealt?

feminine/masculine/non-binary/sexuality

family of origin

hometown/places lived

strongest soul qualities/energies/archetypes

themes of life struggles

life passions

environments

most significant pains & losses

death

significant events

purpose/meaning

closest friends/family

family habits, teachings, values

health

how am I healthy, unhealthy, good, evil

life story/timeline

relationship with parents (& siblings)

character strengths & weaknesses (generally flip sides of the same thing)

personal quirks

forgiveness

impact of significant childhood experiences

the small (to big) things that make me happy

experiences with work/jobs

my happy places/experiences

beliefs about the world

how do i see myself turning into my parents